

Sample Lunch Menu



Monday

Fried Chicken
Fried Zucchini
Country Green Beans
Oatmeal Cookie
Coffee/Tea
OJ/Apple/Cranberry

Tuesday

Garlic Parmesan Braised Chicken
Penne Pasta
Broccoli
Italian Breadstick
Lemon Pudding
Coffee/Tea
OJ/Apple/Cranberry

Wednesday

Salisbury Steak
Mashed Potatoes
Brown Gravy
Peas & Carrots
Chocolate Cherry Cake
Coffee/Tea
OJ/Apple/Cranberry

Thursday

Ginger-Barbecue Chicken
Baked Sweet Potato Half
Broccoli & Cauliflower
Apple Oatmeal Crumble
Coffee/Tea
OJ/Apple/Cranberry

Friday

Country Fried Pork
w/ Cream Sauce
Roasted Potato
Medley Green Beans
Cantaloupe
Coffee/Tea
OJ/Apple/Cranberry

Saturday

Beef Tater Tot Bake
Mixed Vegetables
Banana Cream Pie
Coffee/Tea
OJ/Apple/Cranberry

Sunday

Maple Mustard Pork Chop
Baked Potato
w/Sour Cream
Carrots
Vanilla Ice Cream Cup
Coffee/Tea
OJ/Apple/Cranberry

Sample Dinner Menu



Monday

Swedish Meatballs
Egg Noodles
Sweet Peas
Banana
Coffee/Tea
OJ/Apple/Cranberry

Tuesday

Macaroni & Cheese
w/Ham
Stewed Tomatoes
Parslied Cauliflower
Pineapple Chunks
Coffee/Tea
OJ/Apple/Cranberry

Wednesday

Baked Potato Soup
Saltines
Grilled Ham &
Swiss Sandwich
Citrus Fruit Salad
2% Milk
Coffee/Tea
OJ/Apple/Cranberry

Thursday

Cheeseburger
Potato Wedges & Ketchup
Lima Beans
Grapes
Coffee/Tea
OJ/Apple/Cranberry

Friday

Chili
Cornbread
Tossed Salad
Choice of Dressing
Peanut Butter Brownies
Coffee/Tea
OJ/Apple/Cranberry

Saturday

Country Style Ham
& Bean Soup
Saltines
Turkey Sandwich
Lettuce & Tomato
Apricots
Coffee/Tea
OJ/Apple/Cranberry

Sunday

Chunky Vegetable Soup
Saltines
Egg Salad Sandwich
Strawberry Applesauce
Coffee/Tea
OJ/Apple/Cranberry