

# Assisted Living vs. Long-Term Care

## *What's the difference?*

Navigating care for yourself or a loved one can feel overwhelming, but it doesn't have to be. This chart illustrates the differences between personalized assisted living and compassionate long-term care services. Discover which option best aligns with your needs for support, independence, and an engaging lifestyle.



### Assisted Living

A helping hand with some daily tasks

Living in a private apartment

Medication reminders or administration

Recreational programming

Three daily meals and possible kitchenette in apartment



### Long-Term Care

Round-the-clock assistance

Living in a private or shared suite

Medication administration

Therapeutic programming

Three meals provided each day

## *What will I find at Otterbein?*

At Otterbein, no matter which level of care you need, you'll find the following:

- Focus on whole-person wellness
- Personalized support and compassionate care
- Faith-based values centered on serving our residents